



THE CENTER FOR ANXIETY

116 West 23rd St., 5th Floor, New York, NY 10011

GROUP TREATMENT FOR OBSESSIVE COMPULSIVE DISORDER (OCD)

A 12-week Cognitive Behavioral Therapy Program led by
Harvard Psychologist David H. Rosmarin, PhD

When left untreated, OCD can lead to social isolation, depression and even have financial consequences. However, consistent evidence has shown that OCD is treatable with Cognitive Behavioral Therapy. In particular, group treatments can be highly effective, even over a short timespan.

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- DATES:** Sunday afternoons/evenings starting mid-April, or as soon as the groups are full
- FORMAT:** Weekly, 90-minute sessions. Separate groups for men and women.
- COST:** \$300 individual assessment/treatment planning + \$1200 (\$100/session)
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For more information visit www.centerforanxiety.org or call/email: 646-837-5557; info@centerforanxiety.org